

Grove City Parks & Recreation Adaptive Basketball Skills Camp

The City of Grove City Parks & Recreation- Adaptive Program was awarded a \$2,500 Changing Lives Grant from the Ohio Parks and Recreation Association (OPRA). This funding was instrumental in launching our Adaptive Basketball Skills Camp. The primary goal of the grant was to expand our newly established Adaptive Program, which serves individuals with physical or intellectual disabilities in the local community.

Upon receiving notification of the grant, we immediately began planning the Adaptive Basketball Skills Camp. We collaborated with Matt Weikert, a local special education teacher and high school basketball coach, to organize the event. We initially established age ranges to accommodate a wide range of participants. To ensure quality programming and provide individualized attention for each participant, we capped each division at 20 participants. The final age divisions were set at 8-11, 12-15, and 16+. Our planning timeline was as follows:

April

- Meet with Matt Weikert to get the parameters of the camp.
- Set the date for Saturday, June 15th from 3:00 – 4:45 pm.
- Set up registration in Civic Rec Catalog, registration beginning on May 1st.
- Order two Bison 6-in-1 Easy Up Youth Mini Goals.
- Reserve the Grove City High School Rec Center.
- Meet with The Awesome Company (a local screen printing company that employees people with autism) to go over camp t-shirt and jersey design.

May

- Registration closes on May 21st with all age divisions filled.
- Order jerseys for participants and t-shirts for volunteers from The Awesome Company.
- Create a script and schedule for the day's events.

June

- Finalize plans, rosters, and coaches for S kills Camp.
- Send out an informative email to participants and families with important information about the camp.
- Supplement any dropped participants with participants on our Waiting List.
- Camp on June 15th.

Evaluation

Registration filled quickly for our skills camp and remained at capacity for the camp. We hosted 20 youth ages 8-11, 13 youth 12-15, and 21 youth 16+. Post camp informal surveys showed that participants and families has a great experience. Due to the excellent caliber of our volunteers

and staff, family members were not needed to provide 1:1 support for our participants, but rather were able to enjoy the event from the sidelines, watching their loved ones improve their basketball skills.

Due to the success of the Adaptive Basketball Skills Camp, we were able to cross promote our other adaptive programs and have seen record participation! Because of this growth we are excited to add to and expand our adaptive offerings in 2025. We currently plan to offer another Adaptive Basketball Skills Camp in February 2025.

Expenses

Expenses for the Adaptive Basketball Skills Camp are as follows –

Basketball Skills Camp	
Rec Center Facility Rental	\$605.00
Basketball Hoops	\$1,717.63
Gatorade	\$55.95
Shirts	\$351.00
Reversible Jerseys	\$1,241.00
Total	\$3,970.58

Adaptive **BASKETBALL** One-Day Camp

Saturday, June 15 • 3-4:45 p.m.
Grove City High School Rec. Center

4665 HOOVER ROAD, GROVE CITY 43123

Develop basketball skills then
use them in game play.

AGES
8-11, 12-15
& 16+

RECEIVE A
JERSEY

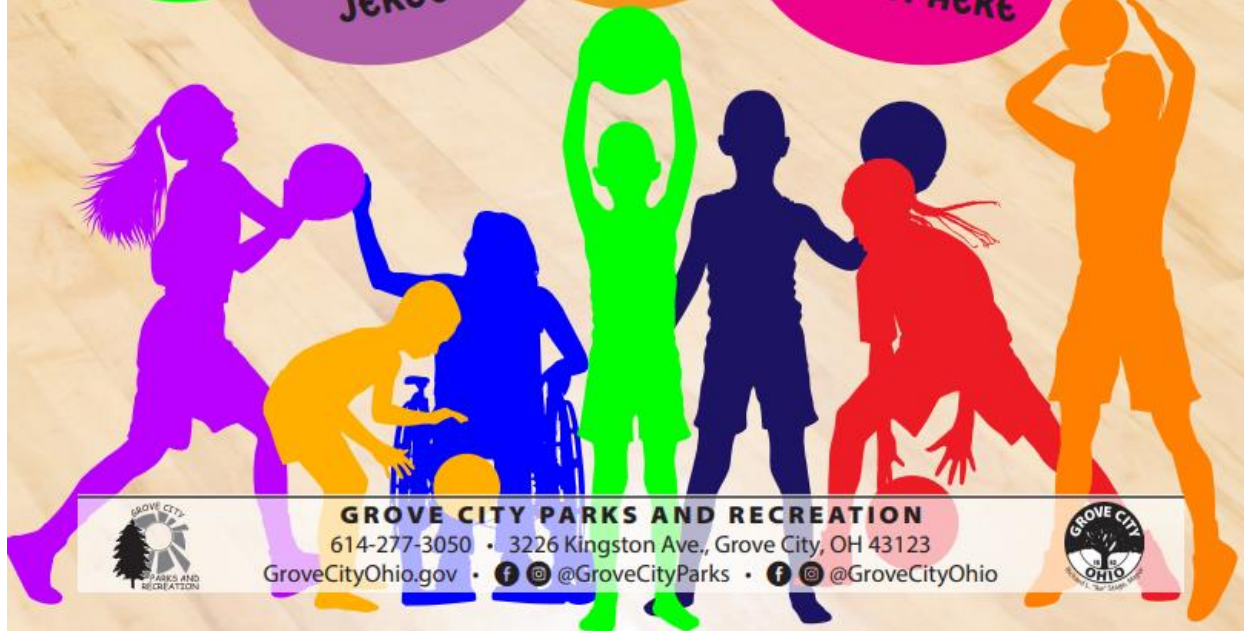
REGISTER
ONLINE



bit.ly/gcpReg

INCLUSIVE
ATMOSPHERE

FREE



GROVE CITY PARKS AND RECREATION
614-277-3050 • 3226 Kingston Ave., Grove City, OH 43123
GroveCityOhio.gov • @GroveCityParks • @GroveCityOhio



Basketball Skills Camp Schedule

3:00 PM – Welcome and break into groups

3:05 – SKILL WORK

1. Footwork Warmup
2. Stationary Ballhandling – Pitter pat, ball slaps, around waist/ankles, modified rhythm, dribble right/left hand, crab dribble, crossover series, pitter to pound.
3. Teach dribble pick ups and dribble, pivot, pass (3 or 4 times)
Passing Lines – chest, bounce, overhead
4. Dribbling on move
Cone work
Red -light, green – light. Verbal and Visual
5. Form Shooting in dribble, pivot, pass lines.
Check form, waiter-goose, hold follow through
Shoot the ball up and out and get your own rebound, pass to next player.
6. “Live” form shooting
7. Lay Ups

3:55 – Water Break

4:00 – Contest

X-Out Lay Ups – 1 Minute Prep

4:15 – Games – 4-minute segments or Sideline

4:40 PM – Final Message/Dismissal